

1 FRAMEWORK

1.1 Outline

1.1.1 This document lists the rules of slavery that form part of the SERVICES AGREEMENT (AGREEMENT) of voluntary slavery between Richard Rossiter herein referred to as "Master", "Him", "He" or the related form "Master's" and C [REDACTED] E [REDACTED] Rousseau herein referred to as "slave", "sex slave", "pain slave", "houseboy" or "it" and the related forms "its" or "itself".

1.1.2 This document consists of eight main sections with a number of sub-sections and then individual rules within in each of those sub-sections. All rules apply equally. If for any reason one or more rules may conflict in a given situation then slave must immediately seek instruction from Master as to how it should proceed.

1.2 Purpose

1.2.1 The slave has surrendered all its free will to Master and exists as a slave only at the grace of Master. The purpose of this document is to define the rules that Master requires, expects and demands slave to live and abide by at all times and in all situations for the duration of the associated contract of voluntary slavery document.

1.2.2 Master will enforce these rules with all the authority over slave granted, and gifted, to Him in the associated contract of voluntary slavery document. slave can expect to be severely punished, in whatever manner deemed appropriate by Master for each and every breach of these rules.

1.2.3 The slave must report each and every of his own breach of these rules to Master when instructed to do so, or when next allowed to speak freely.

1.3 Changes

1.3.1 Master may add, remove or amend any rules in this rule of slavery document at any time either verbally, by SMS text message, email or any other form of communication. Any such new, removed or changed rules take effect immediately when issued by Master.

1.3.2 The slave must acknowledge any changes of rules back to Master immediately they are received via the same verbal, text or email media in which they were issued.

1.3.3 The slave is responsible for updating this rules of slavery document with any new, removed or changed rules within a reasonable time period.

2 COMMITMENT

2.1 Relationships

2.1.1 The slave will not have any form of sexual or submissive relationship with any other person - including online relationships except as defined in clause 8 below.

2.1.2 The slave is allowed to talk to other slaves/subs/bottoms online about any subject including slave arranging training of its fellow slave as a potential sub-slave for Master. slave must inform Master of any training that might take place. The slave is not allowed to speak to any other Master unless otherwise given permission by the Master.

2.1.3 The slave is allowed to talk to other men online, including those identifying themselves as a Master/Dom/Top, about any subject but when discussing BDSM, slavery and control lifestyles any requests for service will be subject to clause 8 below.

2.1.4 The Master has the right to inspect all SMS texts, emails, letters and any other correspondence, personal or otherwise, sent or received by slave. Any use of the Master's business network provided by AT&T and owned by Nextteam, LLC is a privilege granted by the Master. The slave understands and accepts the fact that all networked computers on the Master's premises are subject to monitoring, inclusive of any access to the network via wi-fi signal.

2.2 Availability

2.2.1 The slave must always be available to serve the Master and must ask permission for any activities other than work including, but not limited to, visiting friends or family. Master will however not cut slave off from family and friends by routinely refusing slave permission to visit them unless He has another use for slave either remotely or in person or slave is being punished.

2.2.2 The slave must inform Master of any work commitments outside of normal work hours as soon as they are known. Master acknowledges that the slave may be on-call for work and may occasionally get called. If a work call comes through, which Master can validate from the call history and voicemail, He will then allow slave to start to deal with the call within 30 minutes of its arrival (this is the contractual obligation of slave with its employer).

2.2.3 The Master may require slave to take limited time (but not more than 2 weeks) off work (while respecting work commitments of His slave in setting dates) to spend time locked 24x7 in Master's home with no access to the outside world and to serve as a houseboy or in any other way, agreed in the contract of voluntary slavery, that Master requires.

2.3 Privacy

2.3.1 The slave has relinquished his right to privacy. The slave must be completely honest and reveal everything to Master about its actions, thoughts and feelings.

2.3.2 The slave has no physical privacy unless explicitly granted by Master and may never shut itself away from Master by closing any doors other barriers for any reason.

3 GENERAL ROUTINE

3.1 Chastity

3.1.1 The slave will not masturbate, cum or have any sexual release without express permission from Master.

3.1.2 The Master may choose to keep slave in chastity, if necessary enforcing this with a CB-6000, or similar, 24/7 chastity device, for any period of time up to the term of the contract defined in the current contract of voluntary slavery. If a chastity device is used slave will have a tamper-proof mechanism of removing the device in an emergency.

3.1.3 The Master may inspect any chastity device at any time to ensure compliance.

3.1.4 The Master will allow slave sexual release at least once every three months for the health of the prostate of slave.

3.1.5 Except in an emergency any chastity device may only be removed with Master's permission. Minor problems such as discomfort or chafing etc are not emergencies and should be reported to Master at the next opportunity and He will decide what action, if any, is required.

3.1.6 If a chastity device is removed for any reason then a new chastity period, in the device, may begin immediately if slave has sexual release or if less than three months have elapsed since the last sexual release.

3.1.7 If slave needs to travel through an airport or visit the doctor etc then it must report this to Master and agree how any chastity device is to be, temporarily, removed. Activities such as visiting the gym, going swimming or running do not constitute acceptable reasons for slave to request temporary removal of any device.

3.2 Appearance

3.2.1 slave must keep itself clean at all times. When with Master He will determine the cleanliness regime. When away from Master the regime must include a daily shower, facial hair shaving and teeth cleaning in the morning and evening. The slave is required to douche in the shower once every three days to keep its bowels and intestines clean.

3.2.2 The slave, **unless instructed otherwise by Master**, must keep all its body hair below the neck (arms, legs, chest, stomach, pubic areas, armpits and area around the anus) fully shaved at all times. slave must shave itself at least once a week. In all instances the slave will keep its testicles shaved.

3.2.3 The slave must ask permission before it gets a haircut and must keep its hair short but not shaved unless otherwise instructed by the Master.

3.2.4 The slave is required to use enemas or douching to keep itself clean for use by Master.

3.2.5 The slave is currently required to wear clothing only when the slave is performing tasks outdoors, otherwise the slave is to remain naked at all times unless otherwise instructed by the Master.

3.3 Expenditure

3.3.1 The Master will provide money to the slave as needed. The Master regulates all of the slave's income and expenditures. The slave is required to surrender all bank, credit, store and debit cards to Master. Upon six months after the date of the SERVICES AGREEMENT the Master may choose to close all of the slave's accounts.

3.3.2 The Master currently sets the limits on what the slave spends money on. The slave is required to obtain receipts for all purchases it is allowed to make. All receipts are to be turned over to the Master at once.

3.3.3 Although currently suspended, the Master could set a weekly cash allowance for His slave. The Master may set this allowance as high, or as low (including to zero), as He wants provided there are no extenuating reasons requiring the slave to need more money, such as for medical reasons.

3.4 Geographic Limitations

3.4.1 The slave is free to travel to and from work without restriction.

3.4.2 The slave is free to travel to and from the shops in and around the Reno area without restriction upon Master's approval.

3.4.3 The slave must get permission from Master before making any other movements such as travel for reasons other than work, shopping or direct service to Master within the local area of Lemmon Valley, Nevada or for any non-work travel elsewhere in Reno. Master does not need to give any reason for refusing permission for slave to travel and slave has no right to ask for one.

3.4.4 The Master may restrict slave's movements through command or physically by bondage or caging for any period of time up to the term of the contract within the limits of the contract of voluntary slavery (specifically slave is allowed to work and not to be cut-off from all contact with friends and family).

4 DAILY ROUTINE

4.1 General

4.1.1 The slave will be naked whenever it is alone, or with Master, in the Master's home.

4.1.2 The slave is currently allowed to use all the furniture (except the bed) and all equipment in the Master's house when alone without restriction.

4.2 Reaffirmation of slavery

4.2.1 The slave will kneel naked in the corner, without any distractions such as television, computer, cell phones, Internet or music, for 15 minutes each evening before 9PM. The slave will spend this time thinking about its slavery and service to its Master.

4.2.2 Alternatively, the slave may stand naked holding a tennis ball against the wall with its forehead, without any distractions such as television, computer, cell phones, Internet or music, for 15 minutes each evening before 9PM and spend this time thinking about its slavery and service to Master.

4.3 Exercises

4.3.1 The slave will perform 100 (4 sets of 25) sit-ups each day (Master may decide to increase the number as He sees fit).

4.3.2 The slave will perform 75 (3 sets of 25) push-ups each day (Master may decide to increase the number as He sees fit).

4.3.3. After the slave's morning duties are complete the slave will run or jog for one hour every other day. On the alternate days of running or jogging the slave will exercise on the BowFlex exercise machine for no less than one half hour up to forty-five minutes.

4.4 Communication

4.4.1 The slave must email Master each night before 9PM to confirm it has completed its reaffirmation and exercises and any other specific tasks that may have been given it. If slave is unable to complete this action before 9PM, due to work commitments, it must text Master before 9PM indicating when it will complete the actions for Master and text Him again once they are complete.

4.4.2 The slave will keep a daily online journal as well as a log of any punishments the Master required of the slave. The slave will update its journal and punishment logs at least once weekly for Master to read.

4.5 Sleep

4.5.1 The slave may be required to sleep in the cage once a week on a day of the Master's choosing. If the Master does not have a cage available the slave may be required to sleep on a blanket or cot in the garage.

4.5.2 The slave will sleep on the floor, by the side of the Master's bed.

4.5.3 The slave may only use a bed when Master is not present; if the slave is instructed to do so or the slave is ill.

5 COMMUNICATION PROTOCOLS

5.1 Written Communication

5.1.1 The slave will always refer to Master as "Master" and start all written communication (SMS text, email etc) with "Master" and end with "Thank You Master". In writing the words "Master" and "He", "Him" and any other referring to Master will always start with a capital letter and "slave", "it", "its" and "itself" when referring to slave always be in lowercase. The slave will refrain from using the first person when referring to itself - if slave must use "I" to refer to itself this will always be written in lowercase as "i".

5.2 Silence

5.2.1 The slave, while in Master's presence will remain silent and will not speak unless spoken to in a way that a reply is expected or it is given explicit permission to speak.

5.3 Verbal Communication

5.3.1 The slave will always answer Master with "Master, Yes Master", "Master, No Master" or "Master, Thank You Master" as appropriate. Words like "Okay", "sure", "uh-huh", "nope" or just "yes", "no" or "thank You" are not acceptable.

5.3.2 The slave will always ask for things with the phrase "Master, please may Your slave".

6 SERVING MASTER

6.1 General

6.1.1 The Master may choose for any period of time (up to the term of the contract) require slave to ask permission for any independent actions while in His presence including such things as bodily functions like urinating or defecating or sleeping. Master may choose to deny the request and slave must wait a reasonable time before asking again. If Master is asleep slave may not wake Master just for its needs (but may use the toilet in an emergency).

6.1.2 The slave may not eat or drink anything without explicit permission from Master.

6.1.3 The slave will not use hair gel or other hair products in its hair when it is required to serve Master.

6.2 In Public

Note:This section applies to any location not defined as private, by Master or explicitly in section 6.3.

6.2.1 The slave will retain respect for Master at all times but will not, through this, draw attention to itself as a slave.

6.2.2 The slave will walk slightly behind and to the left of the Master at all times.

6.2.3 The slave will never question or disagree with Master in public. If slave has any questions, queries or concerns it will save them until in private with Master and until given permission to speak freely.

6.2.4 The slave is not a free man and as such will treat all third-parties with respect at all times unless instructed otherwise. This includes all adults irrespective of their age, job or attitude and even applies to other slaves, subs or bottoms.

6.2.5 The slave will restrict all speech and eye-contact with third-parties to the absolute minimum possible such that it in no way draws any unnecessary attention to itself or Master.

6.3 In Private

Note: In certain instances where the slave owns a home, while Master is in the home of the slave then the home becomes, for the purpose of these rules, Master's home and slave will act in accordance with the rules defined in this section. Master may also, at His discretion define any other location, where both He and slave are present, as His home and require slave to act as per the rules defined in this section - this can include public locations such as gay, bondage, fetish or S&M clubs.

Note: Master is free to determine the definition of private irrespective any third parties that may be present and require slave to act in accordance with the rules in this section. If only other slaves or Masters are present (as defined by Master) then this is automatically defined as private and the rules in this section apply.

6.3.1 slave will arrive at the time specified by Master. slave will not arrive early and will be punished if it arrives late without prior agreement with Master.

6.3.2 slave will kneel as soon as it enters Master's home and handover any keys, wallet, ID cards, travel cards and money for Master to keep until slave is dismissed and sent home. slave will not look for, or touch, these items while serving Master.

6.3.3 The natural state for slave is naked and it will be naked in Master presence at all times, unless instructed otherwise.

6.3.4s The lave will not use any furniture without permission and will stay on the floor unless instructed otherwise. The slave may use the furniture (except beds) with no restriction while the Master is not at home.

6.3.5 Unless instructed otherwise, the slave will not touch any electrical equipment without permission - this includes but is not limited to computers, telephones, mobile devices, DVD player, TV, radio, kitchen appliances, central heating and lighting. The slave is allowed to turn off electrical equipment and lighting to save energy bills when not required by Master or when Master determines it is time to sleep.

6.3.6 Unless instructed otherwise, the slave may not perform any bodily functions (urinating or defecating) without explicit permission from Master. If Master is asleep, not at home or is indisposed and has not instructed slave otherwise it may make use of the toilet when needed.

6.3.7 If the slave finds that it has nothing to do and has finished all its tasks the slave must kneel in front of Master with its eyes down to await any further instructions. slave will also consider this its natural position and return to it in the absence of any other instructions.

6.3.8 While being used slave will remain as quiet as possible and not speak out unless told to do so e.g. count strokes etc. The slave is allowed to express its pain but will be gagged if it gets too noisy or for Master's pleasure.

6.3.9 Sleeping in Master's bed is a privilege and the slave must never sleep or nap in Master's bed unless specifically told to do so. The slave will be required to be chained or shackled during the night.

6.3.10 Eating cooked food at the table is a privilege that could be withdrawn at any time and slave may be told to eat from a bowl on the floor and may have a restricted diet. If the slave is a pup-slave then it will always be required to eat from a bowl on the floor unless otherwise instructed by the Master.

6.3.11 The slave may be locked in metal, leather or rope bondage, or locked in a cage, for long periods of time. In addition slave will wear its metal collar at all times unless instructed otherwise. The slave's collar must never be removed by the slave.

6.3.12 The slave will not remove any items put on it and will not touch any keys or locks without permission from Master.

6.3.13 Any housework slave is told to do, as Master's houseboy may be inspected by Master and slave will be punished if it is not up to the standard Master expects.

6.3.14 The slave will keep an open posture at all times while serving Master. slave will make its body available for Master's use at all times moving to give Master better or easier access as required e.g. moving its chest forward when Master wishes to use nipple clamps etc.

6.4 Bathroom/Toilet

6.4.1 The slave may only use the bathroom with permission from Master. Master may deny permission for as long as He wants but Master will abide by the rules of the contract of voluntary slavery to keep His slave healthy.

6.4.2 The slave has no right to be released from punishment, bondage or caging for toilet or bathroom breaks but Master will abide by the rules of the contract of voluntary slavery to keep His slave healthy.

6.4.3 There is no restriction set on slave as to how long it must wait between asking permission to use the bathroom or toilet if previously denied permission.

6.4.4 In a private space slave may not close the door to the bathroom or toilet unless given permission to do so by Master.

6.4.5 The slave must always sit down to urinate to remind it of its status as slave. Except in a public toilet a slave may not use a urinal but must always use a toilet.

6.5 Begging

6.5.1 Begging must be kept to an absolute minimum. A slave is there to service Master's needs and He will decide what His slave may have, or need, in order to fulfill that service to Him.

6.5.2 Master does accept that on rare occasions His slave may believe it needs to ask for something. In this scenario then only when slave has completed all allocated duties/tasks/actions for Master it may kneel in front of Him with its eyes down and ask, once, to be allowed to ask a question. If given permission it may then beg to be granted permission for whatever it believes it wants. If not given and answer or not given permission it must remain silently where it is until given another instruction. If given permission it must complete the request immediately as it is now an order from Master.

6.5.3 The slave will be punished for begging if Master decides what it is begging for is inappropriate or insufficient time has passed since it last requested permission to beg.

7 PUNISHMENT

7.1 For Rule Breaking

7.1.1 The slave will be severely punished for any breach of the contract of voluntary slavery.

7.1.2 The slave will be severely punished for breaking any of rules of slavery defined in this document.

7.1.3 The slave cannot stop any punishment no matter how long or severe although slave will always be safe and the limits defined in the contract of voluntary slavery will always be applied.

7.1.4 The slave will not be consulted in any aspect of its punishment and will be expected to comply fully with Master's wishes or incur further punishment.

7.1.5 In all matters relating to punishment Master's decision is final and any attempt by slave to influence or change that decision will result in further severe punishment.

7.2 Refusal to Obey

7.2.1 The slave may only refuse to obey an instruction if it breaches the limits or rules defined in the contract or voluntary slavery.

7.2.2 If the slave cannot immediately obey an instruction it must kneel in front of Master and state it cannot complete the instruction and submit itself for punishment.

7.3 Regular Beatings

7.3.1 Master will routinely severely punish slave in order to remind it of its status as a pain slave and to continually train it to better serve Master and to be a better slave.

7.3.2 Each morning while serving the Master, and at the time of the Master's discretion, the slave will receive no more than four crop strikes each morning. The slave is to present by placing its body on hands and knees when the Master asks it to. These crop strikes will not count against any accumulated crop stroke punishments for offenses committed by slave.

7.4 For Master's Pleasure

7.4.1 The slave may be severely punished purely for Master's pleasure, and slave cannot stop the punishment although slave will always be safe and the limits defined in the contract of voluntary slavery will always be applied.

7.4.2 The slave may also be severely punished by any third party authorized by Master's purely for their pleasure or the pleasure of any other persons present. slave cannot stop the punishment although slave will always be safe and the limits defined in the contract of voluntary slavery will always be applied.

7.5 Punishment Protocols

7.5.1 Standard punishment for slave for an offense it commits will be hard strokes of the punishment crop while slave is tied down or bound. Master may alter the punishment at His discretion as He feels appropriate.

7.5.2 For any offense defined by Master as serious, the slave may receive a beating which will be long and hard, with as many implements and in as many positions as Master deems appropriate. Ultimately the Master reserves the right to punish the slave in any way he see's fit.

7.5.3 Anger from slave for whatever reason, including using it to try to regain control of a situation **will not be tolerated**. The Master considers **ANY** display of anger by slave is as a serious offense that will not end a session or punishment and, when the anger has passed, will result in punishment or further punishment.

7,5.4 The Master may chose to punish slave for any reason and change the rules governing punishment at any time.

7.5.5 If the slave is told it is to be punished and the Master chooses to punish the slave involving the use of an implement, the slave will retrieve its own punishment device for the Master. The Master may also choose to allow the slave to name how it is to be punished.

8 THIRD PARTIES

8.1 Controlling Parties

8.1.1 Master has the right to nominate any other man, or men, as controlling parties over slave, for any period of time up to the term of the contract, with all His rights and privileges as outlined in the contract of voluntary slavery.

8.2 Other Masters or slaves

8.2.1 The slave will treat all other Masters/Doms/Tops with the utmost respect at all times but will never serve them, in any way, without explicit permission from Master.

8.2.2 If slave is approached by another Master/Dom/Top in person, while Master is in the same location it will politely inform the other Master it is not available to serve as it is the property of Master Rick and that they should inquire with Him if they would like to make use of it (exercising clause 8.1.1 above).

8.2.3 If slave is approached by another Master/Dom/Top in writing, online or via text or email will politely inform the other Master that it is the property of Master Rick and that they should inquire with Him if they would like to make use of it (exercising clause 8.1.1 above).

8.3 Other Adults

8.3.1 The slave is not a free man and will therefore treat all free adults (both male and female), aged 18 or over, with respect at all times. This includes, but is not limited to, Master's friends and any individuals slave may interact with such as shop assistants, bar staff, other drivers, pedestrians, people at work, people in the street or in any bar, club or other venue.

9.1 Master's Hard Rules

9.1.1. The following is a listing of the Master's "hard limits" with respect to the behavior of a slave. The following list also serves as **serious warning flags** that define the Master's reasons for releasing a slave.

9.1.2. Lying and stretching the truth or making up stories in order to support its thinking and/or point of view.

9.1.3 Covertly demanding or attempting to manipulate his Master to get what he wants. An example of this manipulation might be seen whenever the slave wants sex and devises a passive-aggressive ploy in order to manipulate his Master into having sex.

9.1.4 A slave that disrespects his position in relation to his Master and uses the word "I" in front of its Master.

9.1.5 The slave exhibits sensitivity to "perceived" slights by other members of the Master's family and does nothing to correct it by bringing such to the Master's attention but rather, lets any real or "perceived" issue fester.

9.1.6 The slave shows signs of jealousy or envy directed at the Master or stemming from a perceived action or behavior of the Master or anyone else in the Master's house.

9.1.7 The slave demonstrates actions of selfishness in that he thinks only of himself first in regard to his service and commitment to his Master and his Master's family.

9.1.8 A slave that uses murmuring, sullenness or pretends illness in order to manipulate a Master.

- 9.1.9 A slave that talks about itself, its feelings, its emotions, its needs, etc., when allowed to engage in a conversation either with the Master or other members of the Master's family.
- 9.1.10 Evidence or demonstration that the slave finds it difficult to trust anyone; in other words the slave shows evidence of paranoia that is clearly manifested by either ego or some baggage the slave has brought with him from previous experiences and relationships or that the slave wrongly mis-perceives the intentions of the Master or someone in the Master's family.
- 9.1.11 Evidence that the slave never forgets a criticism and demonstrates such by referring to past instances of criticism which may or may not be out of context of the original reason for the criticism. The Master's holds a hard-time limit with regard to discussing such things, which is **one day**, after which the Master will not tolerate discussing anything that has happened in the past that does not directly serve to forward the goals of the Master or His household.
- 9.1.12 A slave that demonstrates an attitude that it "expects" to be appreciated or fishes for compliments. This behavior demonstrates one thing to the Master: the slave is unstable and has a weak self esteem.
- 9.1.13 The slave demonstrates that it is suspicious of the intentions of others or frequently misreads the intentions of his Master or others in his Master's family.
- 9.1.14 The slave listens greedily to what others may say about the slave. A slave must politely decline a conversation that involves the behavior or qualities of itself unless it is in conversation with its Master.
- 9.1.15 Covertly, slyly, stealthily or craftily interjects into a conversation or comments on the faults of either the Master or the Master's family. It is not the slave's place to make personal judgments of anyone.
- 9.1.16 A slave that shirks its duties by using such manipulative statements as: "I was going to do that, I just haven't gotten around to it yet."
- 9.1.17 Finds a way to remind the Master or others around the slave of the good service it renders to others or the Master
- 9.1.18 A slave that demonstrates sullenness or sulks if the Master or others in the Master's family do not comment on or appear grateful for the slave's services.

9.1.19 A slave that attempts to interject their view or opinion about something and becomes sullen if the Master does not agree or acknowledges the slave's contribution. If the Master wishes to consider other views or ideas He will ask for them. A slave must never offer an alternative view or idea to a Master unless it asks permission to do so. Have confidence in the fact that most accomplished Masters already have formulated their opinions, views, ideas or plans that is in accordance with His goals. The mere fact of a Master mentioning a plan or goal does not mean He is seeking alternatives.

9.1.20 A slave that keeps record of how many times the Master has used or played with the slave sexually or how many times the Master has used other slaves the Master owns or how many times the Master has used the slave for BDSM play becomes extremely tedious for the Master. In other words: A slave that keeps track of what it has received from the Master is a burden to the Master. A slave should feel grateful and honored for whatever he receives from his Master and should never allow itself to **expect** anything at all. A slave is not entitled to sexual relations with its Master.

9.1.21 The slave that consistently demonstrates selfishness in its actions toward its Master or Master's family will submit itself for severe corporal punishment such as prolonged caning, beating with a night stick, prolonged isolation or both.

9.1.22 A slave demonstrates secretive behavior. Such behavior may be that a slave ducks and weaves when asked a simple question or the slave seeks to be out of the Master's eyesight.

9.1.23 A slave that has frequent personal crises beyond the normal or average that could be expected in any life. It appears that the slave, through their personal choices or manner of reasoning, brings problems upon themselves.

9.1.24 As slave that minces words and uses word-semantics and meanings to manipulate the view of the Master. An example would be, using the previous paragraph (22) above; the slave might comment "but what is considered normal or average"? Normal or average to the slave is what is determined to be normal or average by the Master, period.

9.1.25 The slave demonstrates frequent mood swings that disrupt a Master's time and rhythm of the Master's home which affects everyone. If the slave has difficulty managing its own moods to such a degree that it affects its service to the Master or the Master's household the slave will be released.

9.1.26 The Master will not tolerate a slave that demonstrates a need to define who is right and who is wrong. The slave must learn that there is no right and wrong in the Master's home. If the Master's actions have caused Himself harm then it is for the Master to learn by His own mistakes. This requirement is to be observed for anyone in the Master's family. Each is responsible to themselves. After-the-fact discovery, determination or creating of definitions of whether something is right or wrong is utterly useless and is merely opinion and judgmentalism.

9.2 Basis for Living Life as a slave

9.2.1 Whether or not a man's true nature is that of a slave is evident in his behavior and actions. When a man makes the choice to follow his true nature and fulfill his life path, he must be able to do so with his whole heart and mind. In order to be successful in this endeavor, he will, in time, experience an inevitable battle between his desires to fulfill his life and his ego. Ego is its worst enemy. The slave who is unable to overcome the force of his own ego will not only have a difficult time finding happiness as a slave but he will constantly test a Master's patience. A true basis for slavery is first to know yourself. A slave who does not know himself—who has difficulty zeroing in on the behaviors that have caused his life to be difficult will cause difficulties for a Master. A Master who understands this may accept the slave despite the slave's problems because the Master may see some value and worth in such a slave. Core to the Master's acceptance of any slave is that the slave demonstrates a natural ability to submit, to be controlled and tractable. While a Master realizes He must train a slave to serve Him with regard to specific things He also knows that a "true" slave will, by its nature, perform most common duties without being told. What I consider to be a true slave is someone that demonstrates a slave-like common sense.

9.3 Transparency

9.3.1 A slave must strive to be as transparent to his Master as possible. The slave's body, alive or dead, belongs to and is the responsibility of its Master. A slave has no possessions. A slave's only focus and concern is its Master. While every slave has physical and emotional needs, the slave learns to rely on its Master for such things and never seeks to satisfy those things through its own actions. A slave is required to tell the truth at all times. A lie will always be uncovered with time because a lie has no basis for reality. If the Master reveals a lie that the slave has told and He determines that the slave's lie was specifically intended to deceive the Master for the purpose of some measure of the slaves own gain, the Master may choose to release the slave immediately or submit the slave to rigorous and painful punishment.

9.4 Self-Discipline

9.4.1 A desire to serve is **not** the only earmark of the true slave. Self-discipline is extremely important. A slave that is unable to appreciate these two things will never find fulfillment and will never be truly happy. It is true that the dilemma of the man whose nature it is to be a slave and fights that natural tendency is consigned to a life of unhappiness and inner personal struggle. For the man who carries a lifetime of childhood struggles with him will find the path to fulfillment as a slave extremely difficult—*he will experience many internal mental and emotional struggles*. A man who has set upon a path of slavery must be able to do so with a clear mind; clear intention; honest heart and a willingness to learn. Many who are attracted to the slave path are unable to fulfill their desires because of the inner struggles they encounter along the way. Slaves that have adopted certain psychological protection methods which may have assisted the slave during childhood or some other time during a particularly difficult emotional time in its life but are realistically no longer needed will, without question, have the most difficult time attaining success as a slave. A slave must leave the things of its childhood behind and become a man.

9.5 Self-Interest

9.5.1 The words, egoism, self-interest and self-centered go hand in hand. The definition of self-interest is as follows: *“A self-centered person believes everyone sees what he sees (or should see what he sees). They are unable to separate their own beliefs, thoughts and ideas from others. Ego-centric, self-centered people do not have the mental ability to understand that other people may have different opinions and beliefs from themselves. This is most evident when they get “stuck” in their own opinions, desires or thoughts and cannot bend to the desires, ideas, opinions or thoughts of another. It is common for children to exhibit this behavior until they mature to a point of understanding that one does not always get what one wants.”*

9.5.2 Lao Tzu, the famous Chinese philosopher, said of a person who is ego-centric; *“Without ropes they bind themselves.”* Self-centered people see themselves in competition with others and since the ego is so vulnerable and sensitive *they are compelled towards defensiveness and self-justification*. They are compelled to impress others with their talents; their looks, their charm, their accomplishments or their knowledge of things; much more so than someone who is focused on external things such as helping others. The self-centered, egocentric person usually seeks hobbies and professions in entertainment such as singing, acting or other forms of public performance. The egocentric person is shallow, often *lacking the staying power to achieve long range goals*. Defensive, restless, jealous and easy to become anxious, the self-centered person is worried about what other people are thinking or saying. These people suffer living in the comparatively small world of fragile ego.

9.6 Egocentricity

9.6.1 **Egocentric Memory:** Egocentric, self-centered people also use various tactics and defensive methods, even when they are not aware of it themselves. The most common example of this is the tendency to "forget" evidence and/or information which do not support their thinking and to "remember" evidence and information which does. The difficulty in dealing with these individuals is that no matter what the evidence is; whether it supports their thinking or not, they are willing to manipulate the truth so that the outcome is "always" in their favor.

9.6.2 **Egocentric Myopia:** Myopia is a condition where the self-centered person exhibits a habit of being narrow-minded. These people have a natural tendency to think within an overly narrow point of view—in other words everything is black or white. Of course any way of looking at something that does not support their point of view is readily dismissed—even if it is only in their own minds.

9.6.3 **Egocentric Righteousness:** Because the self-centered person believes something to be true then it must be true. In other words: the tendency to think that our beliefs are true because we believe them. These people have a lot invested in what they judge to be true so the tendency is to think that what they believe is infallible or reliable; foolproof; watertight and flawless. Such people will and often do, defend themselves and their beliefs regardless of the evidence presented to them. It is typical for the self-centered person to rigorously deny the truth or fact about anything that goes against what they believe, regardless of any and all evidence that does not support their beliefs.

9.6.4 **Egocentric Over-simplificaton:** This is the self-centered persons' tendency to ignore real and important difficulties at hand in favor of simplistic ideas when consideration of those difficulties would require them to modify their beliefs or values. These people will often time change the subject of a conversation when they figure out that the focus of the conversation will cause them to reassess their beliefs.

9.6.5 **Egocentric Blindness:** This is the tendency not to notice facts or evidence which contradict their own favored beliefs or values. In other words; these people will simply overlook anything that does not support their beliefs or values. These people will not be able to see that their habits; their way of thinking or that their beliefs are destructive to themselves. Self-centered people who have egocentric blindness are more times than not addicted to themselves and their own thoughts. These people have **SO** much invested in their own self that they blindly go through life making one bad decision after another with no ability to see that their own stubbornness has caused so much of the unhappiness in their lives.

9.6.6 **Egocentric Immediacy:** A common tendency in self-centered people to over-generalize immediate feelings and experiences. Basically this is when the person is overly affected by a single event in their life; whether the event is a highly favorable or unfavorable one. The emotional reaction is that all they can see, feel or experience. At that moment—all of life seems favorable or unfavorable as well. In other words when they experience one negative event they feel as though their entire life is bleak. People who suffer from this are likely to react by feeling that they are worthless; life is hopeless; they will never be happy; they want to hide from the world. On the other hand when they experience a positive event they are elated and life is wonderful. These people have great difficulty being balanced—accepting both the good and the bad events in their lives.

9.6.7 **Egocentric Absurdity:** Self-centered people have a tendency to fail to notice thinking which has "absurd" consequences, when noticing them would force them to rethink their position or beliefs. These people cannot see that what they believe or how they think can only lead to an absurd conclusion. People who have difficulty in this area will most often make broad assumptions about things that they believe. These are the people who make “knee-jerk” assumptions about others actions or behavior without actually knowing all the facts. **This is especially true** when they perceive that they will not get what they want or will get something they don't want. A common reaction of these people can be described like a child who wants something; especially if they see others getting or having something and believe that they should have the thing as well. They become blinded to the fact that they cannot always have or get or deserve the things others do. These people actually feel deprived when they do not get something that another person has. They have an absurd idea that they should have and deserve the same things that others have, even though it is not realistically possible or out of their reach.

9.7 Passive-aggressive Behavior

9.7.1 Many slaves show the tendencies known as passive-aggressive. In most cases, according to studies done by Scott Wetzler, PhD (Department of Psychiatry and Behavioral Sciences, Albert Einstein College of Medicine) , the behavior of the passive-aggressive man can be clearly identified by the following traits:

Learned helplessness

Procrastination

Stubbornness

Resentment

Sullen attitude

The meaning of “learned helplessness” is entirely different for the male slave because the slave “wants” to be helpless at his Master’s hands. The slave makes a conscious decision to be helpless at this Master’s feet. Learned helplessness is a human condition of which the person has *learned* to behave helplessly, even when the possibility exists for the slave to help himself by avoiding an unpleasant or harmful event. However, the slave who exhibits traits of “learned helplessness” will have a history of unsuccessful relationships; poor employment history; substance abuse and often times have trouble with his weight. The life of these slaves shows evidence of walking into bad situations without being able to comprehend the consequences of their actions.

A slave who has difficulty with helplessness—i.e., not seeming to know what to do or how to make decisions—almost always have a pessimistic explanatory style of living. This means that the slave sees negative events as permanent (“it will never change”), personal (“it’s my fault”), and pervasive (“i can’t do anything correctly”)—are most likely to suffer from bouts of depression and anxiety.

The slave who suffers from learned helplessness and who has failed at tasks in the past concludes erroneously that they are incapable of improving their performance in the future, i.e. that nothing will change and they will always fail.

There are four distinct types of passive-aggressive behavior which are:

- circuitous negativist – including dependent features
- abrasive negativist – including sadistic features
- discontented negativist – including depressive features
- vacillating negativist – including borderline features

Passive-aggressive behavior will not be tolerated by the Master. If the slave exhibits habitual passive-aggression it will be dismissed.

9.7.2 Monkey-See-Monkey-Do: The saying refers to the learning of a process without an understanding of why it works. Another definition implies the act of mimicry, usually with limited knowledge of the consequences. However, in relation to owning a passive-aggressive slave, this saying applies to the slave always wanting to have, do, see, take part in, and be a part of anything and everything that the Master does. In the past Master has taken note that a slave exhibits passive-aggressive behavior whenever the Master gets a drink the slave wants a drink, etc. If the Master gets a certain type of dessert at a restaurant the slave indicates it wants what the Master has. The Master allows one slave to have a cigarette and the passive-aggressive slave “believes” it should also have a cigarette. Passive-aggressive behavior can appear very child-like most of the time. The Master decides what the slave gets and doesn’t get; what the slave does and doesn’t do. THE MASTER SHOULD EXPECT THAT HIS DECISION IS FINAL AND THAT HE WILL NOT HAVE TO HEAR ANY DISSAPPOINTMENT

BY THE SLAVE-PERIOD! The slave does not have to go everywhere with the Master or be everywhere the Master is unless a Master specifically requires it of the slave.

9.8 Procrastination

9.8.1 The definition of procrastination is: *“The act of postponing, delaying or putting off a task or decision, especially out of habitual carelessness or laziness.”* Many slaves exhibit varying kinds of procrastinating behavior but it is most times related to the slaves' self-esteem and a self-defeating mentality. Evidence that procrastination is directly related to a self-esteem issue is when a slave's motivation is based more on the "dreams and wishes" of perfection or achievement in contrast to a realistic appreciation of their obligations and potential as a slave. In other words the "idea" of being a slave is more real to them than actually fulfilling their obligations or considering their potential of being a slave. The slave's ability to make decisions can also be a factor. Most new slave's have some difficulty making decisions regarding their Master's wishes or desires because they have not had sufficient enough time to get to know their Master. However, this is a temporary condition.

The slave who consistently has difficulty making a decision suffers from one or both problems of either perfectionism or ego. Slaves with ego problems cannot separate their own desires and wishes from their Master's. These slaves think that they should have the same privileges that their Master does and they truly seem to be confused when they do not get what the Master may have. If the Master does something, eats something, drinks something, wears something—the slave thinks that his Master should give him those things too. This is a clear ego problem. On the other hand, the slave who cannot seem to make a decision because he is a perfectionist may use the excuse of being a perfectionist simply to hide a moment of laziness or for some other reason. The slave that truly suffers from perfectionism will most times start something and never finish it because he becomes discouraged that he is not doing a good job even though the Master is pleased with the slave's work.

Characteristically the passive-aggressive slave procrastinates, resists demands for adequate performance, find excuses for delays, and finds fault with those on whom they depend; yet they refuse to extricate themselves from the dependent relationships. These slaves fail to ask needed questions about what is expected of them, but then become frustrated when they are forced to comply with the very things they are supposed to be doing. The defense that they will use to direct the blame from them is to accuse the Master of confusing the slave. When the passive-aggressive slave is made to take ownership of his own faults he will immediately switch the blame to his Master.

Many slaves will demand that the Master perform a certain way; that the Master should punish the slave more or the Master should be more of a Master than He is. How can a slave know what a Master is or how a Master should act unless the slave has been a Master himself?

A slave that attempts to manipulate the Master by claiming that the Master is treating him unjustly is never tolerated. Because they are bound to their resentment more closely than to their satisfaction, they may never even formulate goals for finding enjoyment in life. People who are passive-aggressive lack self-confidence and are typically pessimistic about the future.

9.8.2 Sullenness

The slave that is passive-aggressive often shows distinct signs of sullenness, which means that the slave is often somber, brooding, dismal and sulky. The opposite of sullen behavior is a slave who is generally content, light-hearted, pleased with his life and circumstances. Even if the evidence shows that the slave's circumstances in life have improved as a result of having a Master, he never seems to be happy or content. This type of slave will always want more and when he gets more he thinks he wants better. These slaves will never be satisfied with what they have.

9.8.3 The Ambiguous slave: Going and-in-hand with passive-aggressive behavior, this slave will use ambiguity as a defense mechanism. Ambiguity means: Stating something with the intention to mislead; stating something that has several possible meanings or interpretations so as to cloud and issue or confuse the real point. The reason the passive-aggressive slave does this is to purposely speak cryptically: a means of engendering a feeling of insecurity in others. A passive aggressive slave will almost always give an ambiguous answer when asked a direct question; especially when he does not really know the answer or is afraid to tell the truth. Confusing a topic or changing the topic of conversation is a defense mechanism that passive-aggressive slaves will use to confuse their Master. This behavior buys the slave time; a moment at best, to assess the intent of a question or to fish for the answer they think they should have.

9.8.4 Passive-Agression Defined

The following is the Wetzler List which determines the behavioral traits of a passive-aggressive person:

1. **FEAR OF DEPENDENCY** - Unsure of his autonomy and afraid of being alone. He fights his dependency needs - usually by trying to control others or controlling a situation.

2. **FEAR OF INTIMACY** - Guarded and mistrustful. He is reluctant to show his emotional fragility. He's often out of touch with his feelings, reflexively denying feelings he thinks will "trap" or reveal him. He will become unreasonable, stubborn, or opinionated to create distance from someone he cares about.

3. **FEAR OF COMPETITION** - Feeling inadequate, he is unable to compete with other men in work, games or life. He may operate as a self-sabotaging wimp with a pattern of failure. He will often have low-paying, low-responsibility employment and will likely work alone. He finds it difficult to work with others if he cannot shine, so he chooses employment that is simple and that he knows he can shine in.

4. **OBSTRUCTIONISM** - Just tell a passive-aggressive man what you want, no matter how small, and he may promise to get it for you. But he won't say when, and he will do it deliberately slowly just to frustrate you. Maybe he won't comply at all. He blocks any real progress he sees to your getting your way. The behavior pattern is that he will often time wish secretly that he will do better than you or that you will fail. Anything so that he can grab a hold of even a tiny bit of one-upmanship.

5. **CHAOS BEHAVIOR**- The passive-aggressive slave prefers to leave the puzzle incomplete, the job undone. In other words if he can create a situation where he remains in control, even if it is in his own mind, he will create chaos. Chaos keeps him at the center of attention. Often times the person does not know they are doing this. Over time it has become an automotive defense mechanism. As long as the chaos places him at the center then he feels like he is getting the attention he needs—even though the attention is negative and destructive to his future.

6. **FEELING VICTIMIZED** - The passive-aggressive slave protests that others unfairly accuse him rather than owning up to his own wrongdoings. This is the slave who thinks that he is right; it is the world that is wrong. To remain above blame, he sets himself up as the apparently unfortunate, innocent victim of your excessive demands and tirades. This slave will

use various excuses for his actions. Some of those excuses will range from he was treated badly as a child; he grew up a certain way so he doesn't know any better; it is always the way he has done something; or the catch-all phrase: "everyone else does it that way." Even if the slave owns up to doing something, it will not be but a few moments until he changes the subject away from him and onto another to lessen his responsibility.

7. **MAKING EXCUSES, LYING, OR STRETCHING THE TRUTH** - The passive-aggressive slave reaches as far as he can to fabricate excuses for doing or not doing something. The passive-aggressive slave may choose to make up a story rather than give you a straight answer, especially if he perceives that you do not approve of his actions. Rather than tell the truth, a passive-aggressive slave will twist the truth so that it supports his point of view or his opinion. He will also withhold information as a way to maintain some form of control over you—even if it is only a figment of his imagination.

8. **LATENESS & FORGETFULNESS** – The passive-aggressive slave has a selective forgetting - used only when he wants to avoid an obligation. He will also forget simple things such as chronically walking out of the house and forgetting something and having to return to retrieve the thing he forgot. He often keep others waiting because he forgot his coat, his keys, his phone, his wallet, etc.

9. **AMBIGUITY** - He is master of mixed messages and sitting on fences. When he tells you something, you may still walk away wondering if he actually said yes or no. Having a conversation with this person will leave you confused about what was actually said. His conversation is so confusing that he cannot recall them himself. This is often used as a defense mechanism. The passive-aggressive person never has to actually support his point of view with facts or take a specific stand on something. You will never know how he actually feels about something because his self esteem is so low that he does not want to expose the fact that he does not know something. Whenever he is put on the spot where he is asked to give account for his actions or if he is asked to explain himself he will respond with ambiguous explanations. His explanations are designed to confuse you from getting to the bottom of his intentions—even though he does not always understand his own intentions.

A specific ambiguous behavior that the passive-aggressive slave will use is to force the Master to define EVERY TINY little thing that the slave is supposed to do or not do. Every time the Master shows displeasure with the slave the slave will use the excuse that it is really the Master's fault for not being "specific" about what the slave is supposed to do or not do. This is a convenient defense of the slave that does not really have confidence in his abilities.

10. **SULKING** - Feeling put upon when he is unable to live up to his promises or obligations, the passive-aggressive man retreats from pressures around him and sulks, pouts and withdraws. His facial expressions will be sullen and brooding. He appears to be unhappy and when asked if he is unhappy he says he is fine.

9.9 Good slave, Bad slave: How the Buddah viewed it

9.9.1 In ancient times, the Buddha created an analogy comparing types of horses to men. He said that there are four kinds of horses; the excellent horse; the good horse, the poor horse and the bad horse. The excellent horse moves even before the whip touches his back; just the shadow of the whip or the slightest sound of its Master is enough for the horse to obey. The good horse needs to feel the slightest touch of the whip on its back before it will move. The poor horse doesn't move unless it feels pain, and the bad horse is stubborn and doesn't budge unless the master inflicts so much pain that it penetrates to the horse's very bones.

Every slave has a desire to be the excellent horse. Every slave envisions himself as the excellent horse. However, the ultimate task of the slave is to discover which horse he actually is. It is up to the experienced Master to know whether the slave has the potential for being the excellent horse. Just as a horse needs a Master to train it so too the slave needs a Master to train him. A horse that cannot be trained becomes useless to its Master who will eventually turn the horse free. A Master will eventually lose compassion and interest in such a slave.

Arrogance, ignorance and self-importance are the marks of a slave who "thinks" he is the excellent horse. This sort of slave convinces himself that he deserves the treatment he desires because he thinks he is doing everything that the Master wants.

9.9.2 **The Bad slave**

Like the very bad horse, this slave is convinced in his own mind that he is the excellent horse; that his performance is good or even perfect and therefore, deserves such-and-such. This type of slave is one that wrestles with his own ego and believes that he merits certain things or deserves more from his Master than he feels he is getting. The good slave serves his Master with joy and happiness. The good slave serves with the little thought about his own happiness because his happiness comes from knowing that his Master is happy and satisfied with the slave. The bad slave is always thinking about what he does not have. This slave always imagines that his Master is withholding something from him and constantly thinks of things he wishes the Master would do or say. This bad slave fights a never-ending war inside of himself and he is torn between his own desires and his service to his Master. The bad slave wants to be the excellent slave but demands constant approval from his Master—wearing his Master down a little bit at a time. The bad slave can wear a Master out. Like the bad horse, the bad slave must continuously be whipped by the Master to get the slave to do what the Master wants. Eventually, the Master becomes tired of the slave and an end to the relationship is inevitable.

When a Master encourages his slave or attempts to teach the slave, the bad slave will immediately become defensive and display a poor attitude. The bad slave's mind immediately begins to feel the pull of his own ego. Rather than contemplating that the Master is telling the slave He is not satisfied with the slave's performance or behavior, the slave immediately contemplates a defense (excuse) of his actions or behavior. The slave must always seek to make his mind the mind of the Masters. If the slave can do this, he will succeed. If the slave has difficulty training his own ego to become dormant then the slave will have a struggle serving his Master all of his life. Such slaves cannot serve the two Masters: One being the Master himself, the other being the slaves own ego.

For the Master, a bad slave is like a nagging mother, who never leaves him alone. This slave will cause his Master to avoid the slave and lose interest in the slave. The Master must be able to see and feel that his work with the slave is paying off. If the Master tries and tries with a slave but sees no growth—no improvement—in the slave, the Master will eventually give up on the slave and release him.

9.9.3 The Excellent slave

The excellent slave is one that seizes every opportunity he can to learn about his Master; even when the slave makes mistakes or is less than perfect. This sort of slave feels a sense of pride to be owned by such an excellent Master and jumps at every opportunity to please his Master—without having to be praised for everything little thing that the slave does—or thinks he has done. An excellent slave must have self-pride and have the ability to be satisfied with his own efforts without fishing for compliments from the Master. A true slave knows when he has served well.

The truly excellent slave never needs constant ego boosts from his Master. If the Master is pleased with his slave the slave will know it clearly because the Master will make it known to the slave by the Master's actions and behavior toward his slave. When a Master is pleased with His slave the Master will want to play with His slave—which means more bondage, more sex play, etc.

Being aware of your true nature does not mean that you simply try to live up to some ideal you have created in your own mind that is acceptable to your own ego. When a slave is aware of his weaknesses he must work hard to overcome those weaknesses to become more valuable to the Master. A Master must be able to feel that his slave is valuable to Him. If the Master does not feel that the slave is valuable to the Master, the Master will become tired of the slave and eventually release the slave.

SIGNATURES:

I hereby agree to be bound by the clauses and limits of this document in relation to the SERVICE AGREEMENT of voluntary slavery I signed and which is made a part hereof, for the agreed term of the contract (five calendar years from the agreed start date) between the two parties identified as Master and the slave below.

Furthermore I agree that these rules will be held by Master and in the event of conflict with any other versions held securely online or elsewhere then the version held by Master will be deemed to be the authoritative copy.

Master: _____ Date: 24 August 2011
Richard (Rick) Rossiter (Master)

slave: _____ Date: 24 August 2011
Charles Elijah Rousseau (slave)

Witness: Date: 08/24/2011s

Print Witness Name:

Witness Address:

Witness Phone Number: